

# **Organic Connections – The Roots of Transition and Transformation.**

### Workshop Description:

The most powerful tools for navigating challenges and making changes on our farms come from what we put in our heads, not what we put in our sheds.

Whether you're a beginning farmer exploring organic transition or have decades of experience, join this multi-session, interactive workshop with Ryan Erisman–farmer, Marine Corps combat veteran, and leadership coach–and a virtual room of fellow farmers, to learn a framework of regenerative leadership principles that will help you navigate and thrive through your toughest challenges and transitions in farming and life.

#### **Program Schedule and Topics:**

1.5 – 2-hour sessions via Zoom held at 8 PM CST on Tuesday evenings:

January 28: Thriving Part 1 – Insight, an Owner's Manual for the Brain; Find and Align your Why.
February 4: Thriving Part 2 – Perception and Connection, Shifting from Saboteur to Superpower.
February 11: Seeing Systems to Their Roots and Drawing Connections – Mapping the Big Picture
February 18: Immerse, Observe, and Let Go – Move Forward by Seeing what's Holding You Back.
February 25: Radical Collaboration – Building Unlikely Partnerships for Success.
March 4: Extra Session if Needed for Time Overruns or Additional Topics that Arise.

#### Workshop Notes:

# Registration is for the workshop series. Please plan to attend all sessions

This is an interactive, online program. You will learn concepts and then share your experiences and thoughts in breakout sessions with your virtual neighbors. The exercises will provide you valuable insights about how you see yourself, your challenges, and your farm business in the context of your life. By the end of the workshop, you will have a new set of thinking tools to tackle challenges and some new friends to share ideas with and offer support. Come meet your new neighbors.

#### This workshop series is limited to 30 participants.

#### **Registration Link:**

https://us02web.zoom.us/meeting/register/JDPAw25gR7eeYUGDpITUog